

# NEWSLETTER

October-2023



Chaired a Session  
In Urdu



**RASHID LATIF KHAN  
UNIVERSITY**



**RASHID LATIF  
MEDICAL COMPLEX**



**HAMEED LATIF  
TEACHING HOSPITAL**



**RLKU  
MEDICAL COLLEGE**



**ARIF MEMORIAL  
TEACHING HOSPITAL**

# Rashid Latif Medical College (RLMC)

## Best Delegate Award at the MUN (4th October 2023)

Congratulations Debating society on your outstanding achievement in winning the Best Delegate award at the MUN in Services Institute of Medical Sciences! Your dedication, eloquence & impressive debating skills have truly set you apart.

Congratulations Wedad, Mudassir Habib, Fatima Waqar, Syed Turab Haidar, Daboor Tabraiz Gul, Komal Arif. Your hard work has paid off & you've made us all proud. Keep shining!



# Rashid Latif Medical College (RLMC)

## Funfair (4th October 2023)

Heartiest congratulations to patient welfare club (Prof. Mudassar Ali, Prof. Khalid Hussain, Prof. Sahar Mudassar, Mr. Sammar Abbas, Mr. Saad Akbar & their team) on orchestrating a truly remarkable Funfair! The event was a testament to your tireless dedication and meticulous planning. The stalls were not just stalls, but vibrant showcases of creativity & purpose. Your management skills were evident in every corner, ensuring a seamless & enjoyable experience for all.

Kudos to each & every member for your exceptional work. You've set a standard of excellence that will be remembered for years to come.



# Rashid Latif Institute of Allied Health Sciences (RLIAHS)

## Key Note Speaker in International Conference on Rehabilitation Sciences and Allied Health Sciences conducted by Riphah International University (6th & 8th October 2023)

Ms. Atia ur Rehman participated in ICRS & ICAHS International Conference on Rehabilitation Sciences and Allied Health Sciences 2023 as key note speaker. She conducted a preconference workshop on “Audio-verbal therapy and hearing devices. She gave hands on training on use of different hearing devices and also highlights therapy techniques. On 1st day of conference she delivered a key note speech titled as “A career decision in the speech-language pathology/audiology profession in Pakistan.”



# Rashid Latif Medical College (RLMC)

## Problem-Based Learning (PBL) Session (6th October 2023)

Congratulations to PBL Coordinators, HODs, PBL Implementation Head, Director of Medical Education, Vice Principal, and Principal on the success of the inaugural Problem-Based Learning (PBL) session. Your collective efforts have set a new standard for educational experiences at our institution. I have no doubt that the positive impact of this inaugural PBL session will resonate through the academic journey of our students. Once again, congratulations on this remarkable achievement. Your contributions are the cornerstone of our educational mission & they are deeply appreciated.



# Arif Memorial Teaching Hospital (AMTH)

## Free Medical Camp at Mustafabad (7th October 2023)

A free medical camp at Mustafabad was held on 7th October, 2023 under supervision of Prof. Dr. Mudassar Ali (Vice principal RLNC & Dr. Babar Wattoo (Medical Director AMTH) served 300+ patient with speciality checkups & distribution of free medicine.

Residents, media & trade unions of town appreciate the Arif Memorial Teaching Hospital management for arranging & serving the community with a multidisciplinary team of doctors with provision of a variety of free medicine for every patient.



# Rashid Latif Nursing College (RLNC)

## Pink Eye Infection Precautions (7th October 2023)

The Faculty of Nursing and Nursing Students Presented about PINK EYE INFECTION Precautions at The Spirit School Kasur.



# Rashid Latif Khan University (RLKU)

## 4th International Rehab and 1st International Conference of Allied Health Sciences (7th & 8th October 2023)

RLK Group participated in 4th International Rehab and 1st International Conference of Allied Health Sciences as Golden sponsor on 7th and 8th October at PC hotel Lahore.



# Rashid Latif Medical College (RLMC)

## International Conference, held at Khyber Medical University (7th October 2023)

RLMC Physiology Faculty & Students Shine together first time at the International Conference, held at Khyber Medical University, Khyber Girls Medical College & Rahman Medical Institute on October 7th & 8th, 2023. RLMC's delegates presented groundbreaking research on a variety of topics.



# Rashid Latif Department of Professional Psychology (RLDPP)

## World Mental Health Day (10th October 2023)

Rashid Latif Dept. of Professional Psychology (RLDPP) & Counseling Wellness Centre (CWC) Celebrated and Organized World Mental Health Day. This mega event honored by Emeritus Professor Dr. Najma Najam, Pro Vice Chancellor (Nur International University, Lahore) as Chief Guest and Prof. Dr. Saima Dawood, Director (CCP, University of the Punjab, Lahore) as Special Guest. The Students of RLDPP displayed Musical Play on Mental Health Awareness and Short Film on Mental Health. Ms. Sabahat Khan, CEO RLKU/RLMC, Ms. Zuliekha Khan, Dr. Khalid Khan, Prof. Dr. Mudassar Ali, Prof. Dr. Humayun Riaz, Prof. Iftikhar Tarar, Ms. Atia ur Rahman and all other HoDs with their Faculty and Students attended this event.



## Hameed Latif Teaching Hospital (HLTH)

### Free Medical Camp at Dera Ch. Abbas Bhatti Village Kulleyki (11th October 2023)

Hameed Latif Teaching Hospital organized a free Medical Camp at Dera Ch. Abbas Bhatti Village Kulleyki. More than 163 patients were treated. Free health services (Free medical checkup and medicines) were provided to the underprivileged families of the village.



# Rashid Latif Medical College (RLMC)

## Outstanding Diplomat Award (11th October 2023)

Congratulations to Mudassir Habib, our talented 3rd-year MBBS student, for clinching the Outstanding Diplomat Award at the recent Model United Nations (MUN) hosted by the University of Management & Technology! Your dedication & diplomatic prowess shine brightly, making us proud. Kudos to our vibrant debating society as well!



## Arif Memorial Teaching Hospital (AMTH)

### Department of Obstetrics & Gynaecology (12th October 2023)

Celebrated World Pharmacist Day at RLCP!

Rashid Latif College of Pharmacy (RLCP) came alive with the spirit of World Pharmacist Day!

In the heart of RLMC, students, faculty, and distinguished guests gathered to mark this special occasion. The event kicked off with a delightful cake cutting ceremony, symbolizing unity in the world of pharmaceuticals. A highlight of the day was the presence of a renowned pharmaceutical company, Nutri Pharma showcasing the well-loved vitamin D brand, Indrop-D. Visitors had the chance to sample this essential supplement and gain insights into the importance of vitamin D through an engaging presentation.



# Hameed Latif Teaching Hospital (HLTH)

## Infection Control Week (15th to 21st October 2023)

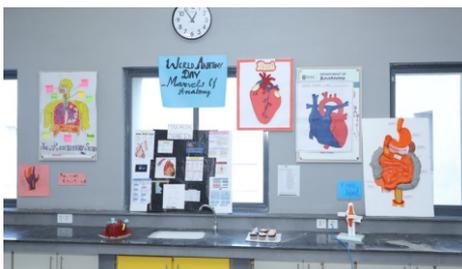
Hameed Latif Teaching Hospital organized different activities during international infection prevention week in October 2023. Training sessions on Hand hygiene, Waste Management System and use of PPEs was conducted throughout the week. Patients and staff were briefed about the importance of hand hygiene and other healthcare associated infections. Sessions on Hand Hygiene, Waste Management System and using of PPEs was conducted by Ms. Shazia Niazi (Infection Control Nurse).



# RLKU Medical College (RLKUMC)

## World Anatomy Day (15th October 2023)

World Anatomy Day is a great opportunity to appreciate the intricacies of the human body and to acknowledge the contributions of anatomists and healthcare professionals who play a vital role in understanding and caring for the human body. This World Anatomy Day is celebrated on October 15th each year to promote awareness and appreciation of the science of anatomy and its significance in the field of medicine and healthcare. This day provides an opportunity to recognize the importance of understanding the human body's structure and function for medical professionals, researchers, and the general public. In RLKUMC, undergraduate students of 1st year MBBS share interesting anatomy facts by making 3D models, posters and edibles.



## Rashid Latif Medical College (RLMC)

### Blood drive with Sundus Foundation (17th October 2023)

The enthusiasm & hard work of the students from IMSAP-RLMC LC & the Patient Welfare Club of RLMC during the blood drive with Sundus Foundation are highly appreciated. Your efforts embody the spirit of compassion and community service. Your selfless contribution will make a significant difference in saving lives. A special thanks to our esteemed CEO, Principal, Vice Principal & Medical Director for supporting & encouraging the blood drive initiative in collaboration with Sundus Foundation. Your leadership & dedication to community welfare inspire us all.



## Rashid Latif Medical College (RLMC)

### Workshops & poster presentations during the International Infection Prevention & Control Week (24th October 2023)

Congratulations to the Organizers (Prof. Sahar Mudassar, Dr. Bushra Adeel & Dr. Noor) on the outstanding job you did the seminar, workshops & poster presentations during the International Infection Prevention & Control Week. The quality of content & the seamless execution truly stood out. It's clear that a tremendous amount of effort and dedication went into making this event a success. The impact of your efforts in promoting infection prevention & control is truly commendable.



## World Pharmacist Day at RLCP (25th October 2023)

Celebrating World Pharmacist Day at RLCP!

Rashid Latif College of Pharmacy (RLCP) came alive with the spirit of World Pharmacist Day!

In the heart of RLMC, students, faculty, and distinguished guests they were gathered to mark this special occasion. The event started with a delightful cake-cutting ceremony, symbolizing unity in the world of pharmaceuticals. A highlight of the day was the presence of a renowned pharmaceutical company, Nutro Pharma showcasing the well-loved vitamin D brand, Indrop-D. Visitors had the chance to sample this essential supplement and gain insights into the importance of vitamin D through an engaging presentation. Huge kudos to Prof. Dr. Humayun Riaz, Principal of RLCP, for orchestrating this memorable event!



## Rashid Latif Department of Professional Psychology (RLDPP)

### Breast Cancer Awareness Month (October 2023)

Prof. Dr. Nashi Khan & Team of Rashid Latif Dept of Professional Psychology (RLDPP) & Counseling and Wellness Center (CWC) Celebrated October 23 as "Breast Cancer Awareness Month".

**Rashid Latif Dept. Of Professional Psychology (RLDPP)  
&  
Counseling Wellness Centre (CWC)**

**CELEBRATE & SUPPORT  
BREAST  
Cancer  
AWARENESS MONTH**

**Chief Organizer**  
Prof. Dr. Nashi Khan  
Dean, FSS, Director RLDPP & CWC

**Co- Organizer**  
Ms. Mahrugh Mumtaz  
Ms. Aqsa Bukhari

[f](#) [t](#) [@](#) [in](#) [▶](#) rkuofficial [rku.edu.pk](#)

# Rashid Latif Khan University (RLKU)

## First Orientation (28th October 2023)

Rashid Latif Khan University organized its first Orientation Fall, 2023 to welcome its first Batch at the campus. New students were quite enthusiastic. Oath-taking ceremony brought up a new passion among the students. Chief Guest Dr. Muhammad Amjad Saqib (Chairman, Akhuwat Foundation), Prof. Dr. Rashid Latif Khan (Chairman, RLK Group), and Madam Sabahat Khan (CEO, RLKU) welcomed students along with other respected faculty members and gave the concluding address. We wish the best of Luck to the new students at Rashid Latif Khan University.



# Hameed Latif Teaching Hospital (HLTH)

## Training Session on Hypertensive Emergencies (31st October 2023)

A training session on Hypertensive Emergencies was conducted by Dr. Zubair Ashraf (Consultant ICU & Cardiology). Doctors from all specialties and staff nurses attended the session and appreciated the initiative taken by hospital management.



# Hameed Latif Teaching Hospital (HLTH)

## On Job Trainings (OJT) of Laboratory Personnel

During the month of October 2023, a couple of training sessions were conducted by Pathology Faculty to all lab staff of hospital on cell counting on Neubauer Chamber, Platelet Disorders & Platelet Indices and Hands on training for I.J chart/QC in Chemical Pathology.



## Conference at the University of Lahore

"Principal, Prof. Dr. Humayun Riaz, recently attended a conference held at the University of Lahore. During the conference, he was honored to chair a scientific session in the pharmacy department. This opportunity allowed him to contribute his expertise and insights to the academic community and further strengthen our institution's ties with the University of Lahore."



**Chaired a Scientific Session  
In University of Lahore**