

# NEWSLETTER

February-2024



**RASHID LATIF KHAN  
UNIVERSITY**



**RASHID LATIF  
MEDICAL COMPLEX**



**HAMEED LATIF  
TEACHING HOSPITAL**



**RLKU  
MEDICAL COLLEGE**



**ARIF MEMORIAL  
TEACHING HOSPITAL**

## Rashid Latif Nursing College (RLNC)

### Lecture on the topic of Health Management Information System (1st February 2024)

A Lecture on the topic of "Health Management Information System" was arranged for BSN Final year students by collaboration of RLNC and AMTH on 1st February, 2024. Guest Speaker was Dr. Babar Watto (Medical Director AMTH).



## Rashid Latif Nursing College (RLNC)

### Lecture on the topic of Performance Management (2nd February 2024)

A Lecture on the topic of "Performance Management" was Conducted for BSN Final year students on 2nd February, 2024. Guest Speaker was Mr. Bilal Younas (General Manager Human Resource Department).



# Rashid Latif College of Pharmacy (RLCP)

## RLCP ANNIVERSARY! (13th February 2024)

13th February is a momentous occasion as our beloved college Rashid Latif College of Pharmacy (RLCP), celebrates its remarkable 10th anniversary. The prestigious event was graced by esteemed personalities including Chairman Rashid Latif Medical Complex, the CEO of the complex, and other dignitaries. The enthusiasm and talent of the first-year pharmacy students were on full display as they actively participated, showcasing their ingenuity through the presentation of intricate models related to pharmacy. The students' efforts did not go unnoticed, as they were honored with certificates of appreciation. The ceremony was made even more special as Principal RLCP Prof. Dr. Humayun Riaz, alongside other dignitaries, personally distributed prizes to the position-holder students. A special acknowledgment goes to the dynamic and dedicated faculty member, Amina Arshad, who served as the focal person behind the seamless execution of the event. Her passion and hard work were duly recognized by the Chairman and Principal, adding an extra layer of pride to this grand celebration. Here's to a decade of excellence and many more to come!



## Rashid Latif Department of Professional Psychology (RLDPP)

### Effects of Stress on Behavior & Its Management (13th February 2024)

Ms. Wajiha Abrar, Student Counselor (RLKUMC) & Lecturer, Rashid Latif Department of Professional Psychology (RLDPP) Conducted a Session at Rashid Latif Nursing College on Effects of Stress on Behavior and its Management". In this Session Ms. Wajiha Abrar Guided Students through an Insightful Exploration of the Intricate Relationship between Stress and Behavior. Throughout the Lecture Series, students gained Valuable Insights into the Multifaceted Impacts of Stress on human Behavior, Delving into various Psychological, Emotional and Physiological Dimensions.



# Rashid Latif Medical College (RLMC)

## MBBS & BDS Orientation (13th February 2024)

Honored by the Presence of Chief Guest Prof. Mowadat Hussain Rana and Guest of Honor Prof. Rashid Latif. Welcoming 150 students of MBBS and 75 students of BDS to embark on their journey in the noble field of medicine and dentistry.



# Rashid Latif Department of Professional Psychology (RLDPP)

## Highest Merit Students (13th February 2024)

Recognizing the highest-merit students of the 2024 intake at RLMC!

Congratulations to Zarshay Khan (90.1%), Zahara Kifayat (89.4%), and Aqsa Ijaz (88.2%), who each awarded laptops at the White Coat Ceremony of RLMC.

Chief Guest Prof. Mowadat Hussain Rana, Prof. Rashid Latif Khan, Mrs. Sabahat Khan, and Mrs. Zulekha presented laptops to the awardees, alongside RLMC Principal Prof. Tahir, RLDC Principal Prof. Asif Ali Shah & RLMC Vice Principal Prof. Mudassar Ali.



# Rashid Latif College of Pharmacy (RLCP)

## National Conference (14th February 2024)

Celebrating the academic prowess of our esteemed Principal, Prof. Dr. Humayun Riaz, who recently graced the 1st National Conference on Health Sciences organized by Hamdard University Islamabad. His enlightening perspective on system sustainability from Eastern medicine, nutritional, and pharmaceutical sciences captivated the audience. A true visionary, he shared invaluable insights that contribute to the advancement of healthcare knowledge. We are proud to announce that Prof. Dr. Humayun Riaz was honored with a shield by the Voice Chancellor of Hamdard University for his exceptional contribution. Kudos to our principal for representing Rashid Latif College of Pharmacy with distinction at this prestigious event held on the 14-15th of February 2024, at Hamdard University Islamabad.



## White Coat Ceremony 2024 (14th February 2024)

Catch some of the best moments from the White Coat Ceremony 2024 at Rashid Latif Khan University Medical College held on 14th February 2024. ✨ Honoured by the presence of Chief Guest Prof. Abdul Majeed Chaudhary a Renowned Surgeon, Guest of Honour Prof. Sunil Sharma President of SAARC Society of Surgical Care, and Prof. Rashid Latif Khan Chairman of RLK Group. The White Coat Donning and Oath excites our 100 brilliant students of MBBS to put on their white coats for the first time and recite a professional oath, highlighting their commitment to ethical and compassionate patient care.



# RLKU Medical College (RLKUMC)

## Position Holder (14th February 2024)

Miss Maham Sajid daughter of Mr.Sajid Hussain of Dunya Pur Public school received a lap top gift from Prof Rashid Latif Khan as a Merit Promotion initiative by RLK Associates .Her aggregate percentage was 84.46%. She was delighted to receive the gift and resolved to put it to maximum benefit in her medical education pursuits. This gesture was highly appreciated by Principal RLUK Medical College and all the faculty members. Such tokens and gestures go a long way in motivating the youth to pursue the path of merit and hard work to achieve their noble objectives.



# Rashid Latif Nursing College (RLNC)

## Lecture on the topic of Finance & Budgeting (16th February 2024)

A Lecture on the topic of "Finance & Budgeting" was arranged for BSN final-year students on 16th February 2024. Guest Speaker was Mr. Mansoor Ahmad (CFO- RLK Groups).



# Rashid Latif Medical College (RLMC)

## Shaping Your Professional Narrative (20th February 2024)

Another successful workshop at Rashid Latif Medical Complex! Our esteemed faculty had the privilege to participate in the insightful session on "Shaping Your Professional Narrative: An E-Portfolio Development Guide" facilitated by Dr. Kainat Javed and Prof. Saima Rafique. RLMC conducted this workshop under the banner of CPSP IMECON 2024. The workshop delved into the significance of E-Portfolios and provided hands-on guidance on crafting compelling narratives. Special acknowledgment is extended to Prof. Mudassar Ali Khan, Vice Principal of RLMC for awarding certificates to Dr. Kainat Javed and Prof. Saima Rafique in recognition of their successful facilitation of this workshop. A heartfelt thank you to Prof. Tahir Masood Ahmad, Principal of RLMC, and Prof. Mudassar Ali Khan, Vice Principal of RLMC, for their invaluable support and organization of this enriching experience.



# Rashid Latif Department of Professional Psychology (RLDPP)

## Annual Sports Day (22nd February 2024)

Prof. Dr. Nashi Khan, Director Academics & Director Rashid Latif Dept. of Professional Psychology (RLDPP), Rashid Latif Khan University (RLKU) was invited as Chief Guest at Annual Sports Day at the Institute of Applied Psychology (IAP) University of the Punjab, Lahore. Prof. Dr. Nashi Khan distributed Shields among the Winners of Sports Day The Representation of Prof. Dr. Nashi Khan from Rashid Latif Khan University (RLKU) as the Chief Guest exemplifies the Collaborative Spirit and Mutual Respect among Top Academic Psychology Community in Lahore. Her Presence and Involvement added a sense of Pride and Motivation to the Winners, acknowledging their Dedication, Skill and Sportsmanship.



# Rashid Latif Khan University (RLKU)

## Visit to Chughtai Lab (22nd February 2024)

The Faculty of Physical and Biological Sciences organized a field visit to Chughtai Lab on Thursday, 22nd February for students enrolled in the BS Biochemistry and Biotechnology programs. During the visit, students received briefings on various laboratory protocols and instruments to enhance their understanding and knowledge. The purpose of the visit was to provide students with practical exposure to real-world laboratory settings and to familiarize them with the equipment and techniques commonly used in biochemistry and biotechnology research. Through interactive sessions and demonstrations, students gained valuable insights into the application of different laboratory protocols and instruments relevant to their academic disciplines.



# Rashid Latif Medical College (RLMC)

## Transformative Teaching Utilizing Simulations for Undergraduate Education (23rd February 2024)

Under the prestigious banner of CPSP IMECON 2024, RLMC faculty gathered for an enlightening session on "Transformative Teaching: Utilizing Simulations for Undergraduate Education". Dr. Kainat Javed facilitated this engaging workshop, introducing a novel and captivating topic that captured the audience's attention. The hands-on activities provided valuable insights and enhanced the learning experience for all participants. In recognition of her exemplary facilitation, Dr. Kainat Javed was presented with a certificate by Dr. Tahir Masood Ahmad.

A sincere thank you to Dr. Tahir Masood Ahmad, Principal of RLMC and Prof. Mudassar Ali Khan, Vice Principal of RLMC, for acknowledging the efforts of Department of Medical Education in arranging this workshop.



# Arif Memorial Teaching Hospital (AMTH)

## Workshop on Post-Partum Hemorrhage Bundle Approach (24th February 2024)

A Workshop on post-partum hemorrhage bundle approach was held at Rashid Latif Medical Complex under the prestige supervision of Prof Asma Yasin (HOD OBS & GYN) along with the renowned gynaecologist, Prof Robina Sohail and her team aiming to deal with this Obstetrics emergency and overcome maternal morbidity and mortality rates.



# Rashid Latif Medical College (RLMC)

## Ethical Challenges in the Medical Landscape (25th February 2024)

The Department of Medical Education, in collaboration with the Surgery and Psychiatry Departments, orchestrated a thought-provoking session on "Ethical Challenges in the Medical Landscape: Junior Doctors' Perspective" at Rashid Latif Medical College. Dr. Abul Fazal Ali Khan shared invaluable insights, highlighted the ethical challenges faced by junior doctors in the medical field. A dynamic activity followed, with groups delving into diverse ethical issues encountered by junior doctors. Prof. Usman Amin Hotiana then captivated the audience with his session on "Efficient Psychiatric Profiling for a Junior Doctor: A Life Skill." His anecdotes and experiences enriched the discussion, providing a profound learning experience for all attendees. A heartfelt appreciation goes to Prof. Tahir Masood Ahmad, Principal of Rashid Latif Medical College and Prof. Mudassar Ali Khan, Vice Principal of Rashid Latif Medical College for acknowledging the importance of medical ethics and commending the Department of Medical Education of RLMC for their efforts in organizing this session. In the closing moments, Dr. Tahir Masood Ahmad presented certificates to Dr. Abul Fazal Ali Khan and Prof. Usman Amin Hotiana for their exceptional facilitation of this insightful workshop. A big thank you to everyone who contributed to the success of this event!



## RLK Group Punjab Open Tennis Championship 2024 (26th February 2024)

Muzamil clinches two titles in RLK Group Punjab Open Tennis Championship Lahore: The RLK Group Punjab Open Tennis Championship 2024 concluded on a high note at the Punjab Tennis Academy, Bagh-e-Jinnah, with Muzamil Murtaza emerging as the standout performer, clinching two prestigious titles.

